



## **Come To A Support Group**

Abuse can destroy lives and families. The Bible tells us the story of Abigail, who with great strength and dignity, did what she had to do to save her family. Abigail Ministries will help you learn how to be strong when dealing with the sin of abuse. Learn how much God loves you as his daughter. He does not want you to endure the pain and suffering of abuse. Abuse can take many forms including verbal, emotional, financial, spiritual and physical abuse. Don't allow misconceptions or distortions of Scripture to keep you in an abusive relationship. God does not want His children to submit to abuse. Come to a support group to learn how to develop healthy boundaries, to make a safety plan to protect yourself and your children, and to experience loving support. Come to a place where you can be loved, understood, healed, and empowered.

**Meeting locations in Lorain  
and Cuyahoga Counties.**

**FOR ADDITIONAL INFORMATION  
AND MEETING TIMES AND LOCATIONS  
CALL  
440-281-7136**